GetSmart
INJURY NETWORK
Information. Connections. Support.

FREE CHECKLIST
getsmartinjury.com

Your first doctor visit after a crash.

Seven things to bring. A little prep makes the visit go better.

- [ ] 1 **Your ID and insurance cards.**
- [ ] 2 **The date and time of the crash.**
- [ ] 3 **A full list of symptoms.**
  Even the small ones. Pain that shows up two days later counts.
- [ ] 4 **Your medications.**
- [ ] 5 **Photos of the damage.**
  So they can see the force involved.
- [ ] 6 **Your questions, written down.**
- [ ] 7 **Someone to drive you home.**

Then keep every piece of paper they hand you in one folder. Symptom notes are on the next page.

General information, not medical advice.

GetSmart Injury Network is a marketing and intake service, not a law firm, and does not provide legal advice. Participating law firms are independent and pay GetSmart for advertising and intake services. You are free to choose any attorney. General information, not legal advice. Every situation is different — consult a licensed attorney about your specific circumstances.

Symptom notes.

Write down what you feel, including the small things, so you don't have to remember later.

DATE	WHAT I FEEL, AND WHERE	WHEN IT STARTED	NOTES

Questions for the doctor

A note-taking aid. General information, not medical advice.

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